



December, 2014

Inside this issue:

Winter Programming 2-3

Zumba! 4

notifynow! 5

Sidewalk Snow Removal 6

Snow Angels 7

Community Association Election Results 7

President's Message

Hello Adelaide Park Churchill families. Adelaide Park Churchill Community Association (APCCA) would like to thank you for taking part in our programs. Participants, coaches, volunteers and parents - we need you all to make it happen. It is our mission to promote, develop, and organize recreational, educational, and social programs for the people in our neighbourhood. We do this in hopes to build a sense of community and to improve our quality of life. If you would like to get involved please contact us through our website or call Deb at [306-664-2832](tel:306-664-2832).

PS-speaking of our website, here's the address: www.adelaidechurchill.ca

Be sure to go to Facebook and "like" us and follow us so you can get news and notes about **your community!**

See you around the neighbourhood!

Deb Hockley 306-664-2832

deborah.hockley@zehoc.com



We need you to be part of the big picture!

St. Phillip Rink News

St Phillip Rink is operated by the Adelaide Churchill Community Association.

Supervised Public Skating hours are Wednesdays 7-9, Fridays 7-9 and Sundays 2-4 pm (Weather dependent). Please also note: No

ant). Please also note: No Hockey or Shinny during these times.

Book your Skating party!
Fire pit available for Hot Dog/Marshmallow roasts as well!

If you're interested in volunteering during these

times, booking the rink for your party or to help with the rink duties please email St Phillip Rink Coordinator- Shaun Farrell- sfarrell@sasktel.net
See you at the rink!



Adelaide Park Churchill Winter 2015 Programs

- In Person Winter Registration is Wednesday January 7th at Hugh Cairns School library 7-8 PM.
- APCCA uses Picatic for our online registration. You will be able to register from the convenience of your home on January 1st, 2015.

Adult				
Program	Location	Day of Week	Time	Registration Fee
Pilates* (18 yrs and over)	École canadienne-français - Theatre Room	Wednesday (Jan 21-Mar 25)	7:00 - 8:00 pm	\$55.00
Yoga (18 yrs and over)	École canadienne-français - Theatre Room	Wednesday (Jan 21-Mar 25)	6:00 - 7:00 pm	\$55.00
Zumba® Everyday*** (18 yrs and over)	Prince Philip, St. Philip and John Lake School gyms	Monday to Friday (Jan 19-Apr 2)	Varying times - see schedule at website	\$85.00
Co-Ed Volleyball* (18 yrs and over)	Prince Philip School - Gym	Thursday (Jan 22-Mar 26)	8:00 - 9:00 pm	\$5.00
Yoga for Stress Relief** (18 yrs and over)	John Lake School - Gym	Monday (Jan 21-Apr 1)	7:00 - 8:00 pm	\$50.00
Multi-Level Low Yoga** (18 yrs and over)	John Lake School - Gym	Tuesday (Jan 20-Mar 31)	7:00 - 8:00 pm	\$50.00
Yin Yan Yoga** (18 yrs and over)	John Lake School - Gym	Wednesday (Jan 21-Apr 1)	8:15 - 9:30 pm	\$60.00
Pilates** (18 yrs and over)	John Lake School - Gym	Thursday (Jan 22-Apr 2)	8:00 - 9:00 pm	\$50.00
Men's Drop-In (Ice) Hockey** (18 yrs and over)	John Lake Park Ice Rink	Monday (Jan 19-Mar 30)	8:00 - 9:30 pm	\$20.00
Adult Beginner Ballet/Jazz/Lyrical** (16 yrs and over)	John Lake School - Band Room	Wednesday (Jan 21-Apr 1)	8:00 - 9:00 pm	\$50.00
Beginner DSLR Photography** (18 yrs and over)	John Lake School	Wednesday (Jan 21-Mar18)	7:00 - 8:30 pm	\$50.00
Insanity Fitness** (18 yrs and over)	John Lake School - Gym	Thursday (Jan 22-Apr 2)	6:00 - 7:00 pm	\$50.00
Men's Yoga**	St. Philip School - Gym	Thursday (Jan 22-Apr 2)	8:00 - 9:00 pm	\$50.00
Biggest Loser Boot Camp (18 yrs and over)	John Lake School - Gym	Tuesdays & Thursdays (Feb 3-Apr 2)	Tuesday 8:00 - 9:00 pm Thursday 7:00 - 8:00 pm	\$100.00

Family/All Ages Programs				
Program	Location	Day of Week	Time	Registration Fee
Drop-In Family Fitness***	Hugh Cairns School - Gym	Friday (Jan 23-Mar 27)	8:00 - 9:30 pm	\$30.00

Youth and Children Programs				
Program	Location	Day of Week	Time	Registration Fee
Children's Drama (6-9 yrs)***	John Lake School - Band Room	Tuesday (Jan 20-Mar 31)	5:30 - 6:30 pm	\$45.00
Youth Drama** (10-14 yrs)	John Lake School - Band Room	Tuesday (Jan 20-Mar 31)	7:00 - 8:00 pm	\$45.00
Tae Kwon Do-** (5-10 yrs)	John Lake School - Gym	Monday (Jan 19-Mar 30)	5:30 - 7:00 pm	\$40.00
Youth Hockey** (7-13 yrs)	John Lake Park Ice Rink	Tuesday (Jan 20-Mar 31)	6:30 - 7:30 pm	\$35.00
Youth Hockey - Need to know how to skate. Need to have your own helmets, sticks and skates.				
Breakdance** (9-17 yrs)	John Lake School - Gym	Thursday (Jan 22-Apr 2)	7:00 - 8:00 pm	\$30.00
Youth Yoga*** (9-14 yrs)	Hugh Cairns School - Gym	Wednesday (Jan 21-Mar 25)	5:00 - 6:00 pm	\$55.00
Youth Hip Hop*** (9-14 yrs)	Hugh Cairns School - Gym	Thursday (Jan 22-Apr 2)	4:30 - 5:30 pm	\$40.00
Youth Art & Drawing*** (9-14 yrs)	Prince Phillip School - Kindergarten Room	Thursday (Jan 22-Mar 26)	4:00 - 5:00 pm	\$25.00
Kid's Floor Hockey* (7-11 yrs)	Prince Philip School - Gym	Thursday (Jan 22-Mar 26)	6:00 - 7:00 pm	\$15.00
Engineering for Kids - Juniors * (4-6 yrs)	Prince Philip School - LRC	Tuesday (Jan 20-Mar 3)	6:00 - 6:45 pm	\$110.00
Engineering for Kids - Apprentice * (7-11 yrs)	Prince Philip School - LRC	Monday (Jan 19-Mar 2)	3:30 - 5:00 pm	\$160.00
Kindersoccer* (3-4 yrs)	Prince Philip School - Gym	Wednesday (Jan 21-Mar 25)	6:00 - 6:30 pm	\$15.00
Kindersoccer** (3-5 yrs)	John Lake School - Gym	Tuesday (Jan 20-Mar 31)	5:30 - 6:00 pm	\$25.00
Tiny Tots Ballet** (2-4 yrs + Adult)	John Lake School - Gym	Wednesday (Jan 21-Apr 1)	5:30 - 6:00 pm	\$25.00
Tots Gym** (18 mon-35 mon + Adult)	John Lake School - Gym	Thursday (Jan 22-Apr 2)	5:30 - 6:00 pm	\$25.00
Learn to Skate*** (3-5 yrs)	South Nutana Park Outdoor Rink	Saturday (Jan 17-end of ice)	11:30 am - 12:30 pm	\$40.00
Learn to Skate*** (6-10 yrs)	South Nutana Park Outdoor Rink	Saturday (Jan 17-end of ice)	10:00 am - 11:00 am	\$40.00
Creative Movement** (3-6 yrs)	John Lake School - Band Room	Monday (Jan 19-Mar 30)	6:00 - 6:45 pm	\$35.00
Children's Ballet and Jazz** (5-10 yrs)	John Lake School - Gym	Wednesday (Jan 21-Mar 18)	6:00 - 7:00 pm	\$45.00
Youth Ballet and Jazz** (11-15 yrs)	John Lake School - Gym	Wednesday (Jan 21-Mar 18)	7:00 - 8:00 pm	\$45.00

* Shared with South Nutana Park CA; ** Shared with Avalon CA; ***Shared with both South Nutana Park and Avalon CAs

Program Notes:

Zumba® Everyday - Please refer to the schedule for the daily times and locations.

Drop-In Family Fitness - Please note the time change.

Engineering for Kids - Apprentice - The focus for the winter session will be chemical engineering.

Engineering for Kids - Junior - The focus for the winter session will be chemical engineering.

Learn to Skate programs - Participants must be wearing helmets when on the ice for safety reasons.

Tae Kwon Do - This program will run for 90 minutes. The first 45 minutes will have all participants attend - beginner and intermediate. Participants with experience will remain for the second part of the class. The instructor will advance participants throughout the program as their experience and focus develop.

Youth Hockey - Participants must know how to skate. Participants must have their own helmets, skates and hockey sticks.

Youth Yoga - Please note day change to Wednesdays. Participants must have a yoga mat.

APCCA thanks you for choosing Community Association Programs.

Cross off the days you attend Zumba® in the neighbourhood and track your success...share your Zumbamagic on Facebook!

Zumba® Everyday – Winter 2015

One registration fee (\$85.00) – at least 45 classes to attend!!! You can attend one class per week or every class in this program that runs between **January 19 and April 2, 2015** – a flexible schedule for the lifestyle in need of flexibility.

Location: Prince Philip School (Mondays) – 1715 Drinkle Street
John Lake School (Tuesdays) – 2606 Broadway Avenue
St. Philip School (Wednesdays, Thursdays, Fridays) – 1901 Haultain Avenue

Times: Refer to the program schedule below for the times.

Cancellations: “Not available” days as per the schedule below. Please Note: The schools may cancel evening programming to accommodate school functions with little notice.

Monday (Christina)	Tuesday (Theresa)	Wednesday (Erin)	Thursday (Stephanie)	Friday (Leah)
Jan 19 8-9 pm Prince Philip	Jan 20 6-7 pm John Lake	Jan 21 8-9 pm St. Philip	Jan 22 7-8 pm St. Philip	Jan 23 6:30-7:30 pm St. Philip
Jan 26 8-9 pm Prince Philip	Jan 27 6-7 pm John Lake	Jan 28 8-9 pm St. Philip	Jan 29 7-8 pm St. Philip	Jan 30 Not Available
Feb 2 8-9 pm Prince Philip	Feb 3 6-7 pm John Lake	Feb 4 8-9 pm St. Philip	Feb 5 7-8 pm St. Philip	Feb 6 6:30-7:30 pm St. Philip
Feb 9 8-9 pm Prince Philip	Feb 10 6-7 pm John Lake	Feb 11 8-9 pm St. Philip	Feb 12 7-8 pm St. Philip	Feb 13 6:30-7:30 pm St. Philip
Feb 16 Not Available	Feb 17 Not Available	Feb 18 Not Available	Feb 19 Not Available	Feb 20 Not Available
Feb 23 8-9 pm Prince Philip	Feb 24 6-7 pm John Lake	Feb 25 8-9 pm St. Philip	Feb 26 7-8 pm St. Philip	Feb 27 6:30-7:30 pm St. Philip
Mar 2 8-9 pm Prince Philip	Mar 3 6-7 pm John Lake	Mar 4 8-9 pm St. Philip	Mar 5 7-8 pm St. Philip	Mar 6 6:30-7:30 pm St. Philip
Mar 9 8-9 pm Prince Philip	Mar 10 6-7 pm John Lake	Mar 11 8-9 pm St. Philip	Mar 12 7-8 pm St. Philip	Mar 13 6:30-7:30 pm St. Philip
Mar 16 8-9 pm Prince Philip	Mar 17 6-7 pm John Lake	Mar 18 8-9 pm St. Philip	Mar 19 7-8 pm St. Philip	Mar 20 6:30-7:30 pm St. Philip
Mar 23 8-9 pm Prince Philip	Mar 24 6-7 pm John Lake	Mar 25 8-9 pm St. Philip	Mar 26 7-8 pm St. Philip	Mar 27 6:30-7:30 pm St. Philip
Mar 30 8-9 pm Prince Philip	Mar 31 6-7 pm John Lake	Apr 1 8-9 pm St. Philip	Apr 2 7-8 pm St. Philip	Apr 3 Not Available
Last class in program is April 2, 2015 Watch for the Spring 2015 Zumba® program!!!				

Make it Happen!
VOLUNTEER
Strengthen your community, lend a helping hand, have fun together.

There are many ways you can volunteer for your Community Association:

- coach soccer
- clean up your park
- help organize special events
- help coordinate recreation programs
- write a newsletter article
- take meeting minutes
- flood the outdoor rink

...and more!

Volunteer for your Community Association.
www.saskatoon.ca/go/volunteer


City of Saskatoon
 Community Development

To find out how you can volunteer for your Community Association contact:
 Deb Hockley 306-664-2832
deborah.hockley@zehoc.com

notify now

Preparing for Emergencies

notify**now** is the emergency mass notification system used in Saskatoon. With the push of one button we can contact you directly through a phone call to your home, work or cell phone; a text message or email.

SIGN-UP TODAY!

notify**now**

Mass alerts when you need to know.



www.adelaidechurchill.ca

And be sure to like us on Facebook!

Adelaide Park Churchill in Cyberspace

As you zoom around the internet/web, make sure you bookmark the Adelaide Park Churchill website: www.adelaidechurchill.ca where you'll find all kinds of updated information about our (your!) neighborhood, with lots of information to help you enjoy right where you live.

We're also on Facebook! Just open up Facebook, go to the search bar and type in "Adelaide Park - Churchill Community Association" (or even just part of that!) and

you'll find us. "Like" us to get updates too!

We'll be setting up a Twitter account soon, so be on the watch for tweets. The hashtag will be announced soon!



The Home (landing) page of the Adelaide Park Churchill Community Association website

www.adelaidechurchill.ca

Sidewalk Snow Removal Reminder

During the winter months, snow and ice on sidewalks can seriously impair the ability of people to get around safely - especially the elderly and those with mobility restrictions. For that reason, the City of Saskatoon has a bylaw in place requiring owners or occupants of property to clear sidewalks of snow and ice to prevent injury or inconvenience to pedestrians. Residents are reminded to please exercise caution and care when shovelling, especially during extremely cold weather. Check out the [Canadian Centre for Occupational Health and Safety website](#) for information for shovelling snow.

[The Sidewalk Clearing Bylaw, 2005 \(No.](#)

[8463\)](#) requires that “Residential sidewalks must be clear of snow and ice within 48 hours of a snowfall.”

Sidewalks in designated commercial/ suburban areas must be clear of snow and ice within 24 hours of a snowfall. The areas to which this Bylaw applies are outlined on maps in Schedule A (starting on page 8) of the [The Sidewalk Clearing Bylaw, 2005 \(No. 8463\)](#).

For more information, please check out the City of Saskatoon’s Website (www.saskatoon.ca) and go to the “search the website” search bar and type in “Sidewalk Snow Clearing.”

Hugh Cairns Rink News

The rink at Hugh Cairns VC School is up and running for another fun filled Winter Season! Looking forward to seeing all of you for a skate or game of shinny. The Community rink is just that, a Community Rink. We look to all of our neighbors that use the rink to contribute over the winter season by coming out to either clear snow from the rink or help with a flood. Maintaining the rink is an involved process however with ongoing community support we can cer-

tainly keep the time commitment to a manageable level as well as build a great rink!

Beginning now we are starting the search for a new Rink Coordinator at Hugh Cairns. For the Winter season of 2015/16 we will require a new

individual (or group of individuals) to coordinate and maintain the rink at Hugh Cairns VC School. This is a great way to get some exercise and meet other members of the community. Training will be provided (if

necessary) as well as a hand getting things going for the season. Our rink is used heavily throughout the winter. We are beginning the search now, for next winter season, to ensure a smooth transition for next year. If you have some interest (or some questions) regarding this position, please feel free to contact Greg via email: gepp@sitefindergps.com

Have a great winter season!

Greg Epp- Hugh Cairns Rink Coordinator



Soccer News

APC Winter Soccer season is in full swing with a total of 7 teams in U6-U10.

Stay tuned for Spring soccer registration coming in March.

Crystal Spehar

Kelli Keays

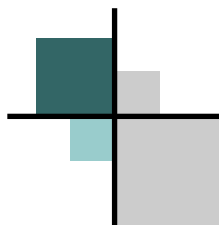
Snow Angel Time!

Be a Snow Angel - If your neighbour is elderly, has health concerns or mobility restrictions, lend a hand by clearing their sidewalk.

If you receive help from a neighbour/relative - nominate them as a Snow Angel [online](http://www.saskatoon.ca) (go to www.saskatoon.ca and type in "snow angel submission") or by mailing in their name and phone number to: Public Works, City of Saskatoon, 222 - 3rd Avenue North, Saskatoon SK S7K 0J5. Tell us how your Snow

Angel has brightened your day. Once nominated, we'll send you're Snow Angel a thank you and enter them in a prize draw!

When clearing sidewalks, please exercise caution and care, especially during extremely cold weather.



Adelaide Park Church Community Association (APCCA) Membership!

Do you have your APCCA membership? It's \$15 dollars and all money supports community initiatives, programs and special events.

But what about volunteer? Why should you volunteer? What is the point of a community association? Do you take part in community events, do you have kids, do you wonder what is going on in the city?

This is how APCCA helps our community. We inform and create programs for our people.

Check out our website and see how you can get involved (www.adelaidechurchill.ca) or like us to follow us on Facebook (go to the search function and type in "Adelaide Park - Churchill Community Association" to the search bar (or even just a small part of this and you should find us!))



ABOUT THE APCCA NEWSLETTER

Our APCCA newsletter is delivered to approximately 1500 homes in the APCCA neighbourhood, as well as posted on our website. Send your submissions to Rudy Pastucha (rudy.pastu@sasktel.net)

Thank you to all the people involved in the distribution of our newsletter. Thank you to the volunteers on foot. You are amazing.

Care to Advertise? Here are our rates:

⇒\$50/business card ad

⇒\$75 for 1/4 page.

2014 Adelaide Park Churchill Community Association (APCCA) Board Elections (for 2015)

Coordinator Position	Name	Status	Notes
President	Deb Hockley	elected	Position will be vacant September 2015
Vice-President	Kris Sargeant	elected	Position will be vacant September 2015
Secretary	Clement Ng	elected	
Treasurer	Darilyn Weiss	elected	
Communications Coordinator (website, newsletter, social media)	Rudy Pastucha	elected	
Social Coordinator	Tammy Sutherland	elected	
Indoor Coordinator	Teri Gadzella	elected	Position will be vacant September 2015
Membership Coordinator	Ann Nelson	Elected	
Softball Coordinator		Vacant	
Basketball Coordinator	Jackie Thackore	elected	
Soccer Coordinator(s)	Crystal Spehar and Kelli Keays	Elected	Position will be vacant September 2015
Rink Coordinator, Hugh Cairns	Greg Epp	elected	
Rink Coordinator, St. Philip	Shawn Farrell	elected	
Member at Large (Soccer Assistant)	Cynthia Foster	elected	
Member at Large (Soccer Assistant)	Amber Fawcett	elected	
Member at Large (Hugh Cairns Liaison)	Deb Hockley	Elected	
Member at Large (St. Philip Liaison)		Vacant	
Member at Large (St. Philip Rink Volunteer)	Jan Schulte	elected	

[APCCA has Board Vacancies]

Softball Coordinator:

Need position filled by February.

Upcoming Vacancies:

President, Vice President, Indoor Program Coordinator and Members at Large

Lots of guidance and training come along with taking a position on our community board.

[Family Fun Day Idea Board:]

- Community Garage Sale Weekend
- Have more programs with a Flat Fee and Drop in Option like Zumba- 3 months \$60 drop in as you want.
- Disc Golf in the park, 9 Hole Course, Ultimate Frisbee for kids
- Family Ceili Dance
- Bike Racks to lock up bikes at Hugh Cairns
- Spring Boot Camp Fitness Programs
- Liaison with Churchill Gardens