

**Here is the list of APCCA programs available to you this season.  
Lets have some fun this year.**

**APCCA Fall 2015 Programs**

<b>Program</b>	<b>Location</b>	<b>Day of Week</b>	<b>Time</b>	<b>Registration Fee</b>
<b>Adult (18 years and over)</b>				
Pilates*	École canadienne-français – Theatre Room	Wednesday Sept 23-Dec 2	7:00 – 8:00 pm	\$55.00
Adult Multi-Level Yoga*	École canadienne-français – Theatre Room	Wednesday Sept 23-Dec 2	6:00 – 7:00 pm	\$55.00
Load & Explode*	Prince Philip School – gym	Thursday Sept 2-Dec 3	7:00 – 8:00 pm	\$50.00
Zumba® Everyday*	Prince Philip and St. Philip and School gyms	Monday to Friday Sept 15-Dec 2	Varying times – see schedule at website	\$80.00
<b>Family/All Ages Programs</b>				
Drop-In Family Fitness*	Hugh Cairns School – Gym	Friday Sept 21-Dec 4	7:00 – 9:00 pm	\$30.00
<b>Youth and Children Programs</b>				
Children’s Drama (7-12 yrs)*	Prince Philip School - Library	Monday (Sept 21-Nov 30)	5:00 – 6:00 pm	\$45.00
Kid’s Floor Hockey* (7-11 yrs)	Prince Philip School – Gym	Thursday (Sept 24-Dec 3)	6:00 – 7:00 pm	\$15.00
Youth Learn To Draw* (9-14 yrs)	Prince Phillip School - Library	Wednesday (Sept 23-Dec 2)	5:00 – 6:00 pm	\$25.00
Youth Hip Hop* (9-14 yrs)	Hugh Cairns School – Gym	Thursday (Sept 24-Dec 3)	4:30 – 5:30 pm	\$40.00

## **APCCA Fall 2015 Programs - continued**

<b>Program</b>	<b>Location</b>	<b>Day of Week</b>	<b>Time</b>	<b>Registration Fee</b>
<b>Youth and Children Programs (continued)</b>				
Kindersoccer* (3-4 yrs)	Prince Philip School – Gym	Wednesday (Sept 23-Dec 2)	6:00 – 6:30 pm	\$15.00
Run Jump Throw (Gr4 – Gr 6)	Hugh Cairns School – Gym	Monday (Sept 21-Nov 23)	7:00-8:00 pm	\$90.00
Engineering for Kids – Apprentice: Video Game Design * (4-6 yrs)	Prince Philip School – LRC	Tuesday (Sept 22-Oct 27)	4:00 – 5:30 pm	\$155.00
Engineering for Kids – Masters: Video Game Design * (7-11 yrs)	Prince Philip School – LRC	Tuesday (Sept 22-Oct 27)	6:00 – 7:30 pm	\$155.00

\* Shared with South Nutana Park CA

Online Registration September 2, 2015 [www.adelaidechurchill.ca](http://www.adelaidechurchill.ca). If online registration is full please contact [deborah.hockley@zehoc.com](mailto:deborah.hockley@zehoc.com)

In person registration September 9th at Hugh Cairns school 6:30-8:30 PM

Soccer: Mini soccer U6-U10 will be ran through Eastside Soccer this season. APCCA is very fortunate to partner with Eastside by offering our community everything a family needs to keep active, have fun, and meet people. Eastside soccer coaches and coordinators will be present at our In Person Registration September 9th at Hugh Cairns School 6:30-8:30 PM. Our players naturally feed into the U12 Eastside programs so this merger of volunteers, experience and players makes sense. Online Registration through the Eastside website is available at <http://eastsidesoccer.ca/> or come in person and ask questions.