



Hello Neighbour!

If you have received this newsletter chances are you have enjoyed a quick visit by one of our Community Association Volunteers out on our 2<sup>nd</sup> Annual Membership drive.

We are dedicated to provide our community with programs for all ages, events, neighborhood improvements and more! We have organized and supported family fun day in the park, community clean-up, SUM Theater, bingo and family skate events. Also, we deliver community newsletters, maintain our skating rinks and purchase equipment for our programs.

With the purchase of the \$15 membership you can register in programs and help us keep our community strong. We would like to show our thanks by providing a fall membership party and having door prizes!

Memberships can be purchased by:

- Visiting [www.myapcca.ca](http://www.myapcca.ca) and viewing Membership
- In-person registration Monday September 16<sup>th</sup>, 6:30-8:00pm at Hugh Cairns School
- Contacting our Membership Coordinator
  - Tracy Magnin @ (306) 281-4298

Thank you for your support,

APCCA Executive



**\*\*To contribute or advertise in our next newsletter contact Robin: [robinreynolds@gmail.com](mailto:robinreynolds@gmail.com)\*\***

#### Adelaide Park-Churchill Community Association 2019/2020 Contact list

Position	Name	Email Address
Community Consultant	Shelly Panko-Schultz	<a href="mailto:Shelly.PankoSchultz@sasktoon.ca">Shelly.PankoSchultz@sasktoon.ca</a>
President	Leah Luciuk	<a href="mailto:LRJ787@gmail.com">LRJ787@gmail.com</a>
Secretary	Robin Reynolds	<a href="mailto:robinreynolds@gmail.com">robinreynolds@gmail.com</a>
Treasurer	Taheera Fidaali	<a href="mailto:taheerafidaali@gmail.com">taheerafidaali@gmail.com</a>
Communications Coordinator	Dave Sosulski	<a href="mailto:dave.sosulski@sasktel.net">dave.sosulski@sasktel.net</a>
Membership Coordinator	Tracy Magnin	<a href="mailto:tracymagnin@hotmail.com">tracymagnin@hotmail.com</a>
Rink Coordinator (Hugh Cairns)	Ryan Luciuk	<a href="mailto:luciuk03@live.ca">luciuk03@live.ca</a>
Rink Coordinator (St. Philip)	Rob Frank	<a href="mailto:Rob.Frank@saskatoon.ca">Rob.Frank@saskatoon.ca</a>
Social Coordinator	Jania Chilima	<a href="mailto:jchilima@gmail.com">jchilima@gmail.com</a>
Member at Large	Deborah Hockley	<a href="mailto:deborah.hockley@zehoc.com">deborah.hockley@zehoc.com</a>
Member at Large	Darilyn Weiss	<a href="mailto:darilynweiss@yahoo.ca">darilynweiss@yahoo.ca</a>

**VOLUNTEERS NEEDED** for the following board positions: **Vice President, Basketball Coordinator, Indoor Coordinator and Soccer Coordinator.** Volunteers needed for membership drives, assistant coordinator positions, and general event coordination such as 50/50, Raffle Sales, Concession. Monthly meetings are the 2<sup>nd</sup> Tuesday of every month. Find us on Facebook page for information and updates. Adelaide Park - Churchill Community Association

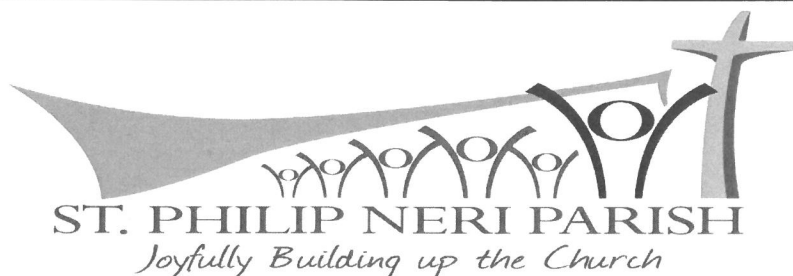
#### Important Dates

-Online Registration:  
August 19-September 15  
[www.myapcca.ca](http://www.myapcca.ca)

-In person registration:  
6:30-8 pm, September 16  
Hugh Cairns Library

-Community Board Meeting  
7pm, September 10, (2<sup>nd</sup>  
Tuesday of every month  
through June)  
#3 Firehall on Clarence

-AGM and Activities  
6:30-8:30pm, November 1<sup>st</sup>  
Hugh Cairns Gymnasium



St. Philip Neri parish weekend Masses are 5:00 pm. Saturday, and Sundays, 9:30 and 11:30am., beginning September 14 and 15th. Everyone is invited!



Did you know that the City of Saskatoon is working hard to divert organic waste from the landfill with several initiatives to do with composting?

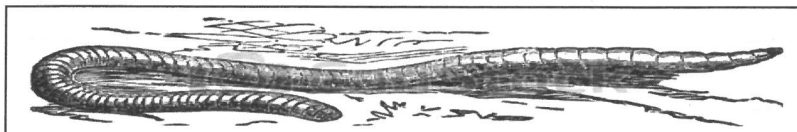
First, the City of Saskatoon offers \$20 rebates to residents who purchase a rain barrel and/or compost bin from a local retailer. You can claim one rain barrel and one compost bin per year. Forms for reimbursement are available here: [www.swrc.ca/rebate-form](http://www.swrc.ca/rebate-form)

Second, home compost consulting services are FREE for Saskatoon residents. This service is provided by the Saskatchewan Waste Reduction Council in partnership with the City of Saskatoon. "Compost Coaches" are available to help you get started, troubleshoot an existing system, or generally answer questions. Home visits typically take 15-45 minutes.. Email [compost@swrc.ca](mailto:compost@swrc.ca) or call (306) 931-3249 to schedule your visit.

Third, residents can request a green cart for organic waste at a cost of \$75 per year. Unfortunately these carts operate for the gardening season (May to November) only, and will not pick up kitchen waste in the winter.

Fourth, the city runs two municipal compost sites during the gardening season. It is FREE to take your organic waste there, and the west site also has FREE finished compost you can take home with you! These two locations (east and west side) are open from April to November. Details can be found here: [www.saskatoon.ca/services-residents/waste-recycling/organics-yard-food-waste/compost-depots](http://www.saskatoon.ca/services-residents/waste-recycling/organics-yard-food-waste/compost-depots)

If every household in Saskatoon composted their organics, it would divert more than 25,000 tonnes of organic material from the landfill every year. It also makes gardens green and beautiful! For more information, check out the City of Saskatoon website, the Saskatchewan Waste Reduction Council website, or look up the "Saskatoon Compost Coaches" on Facebook.



## Reader's Corner



Young and Old, busy or not, a book is a great companion. They can take us here and there, offering us new perspectives that we may not otherwise glean. Oh how I love a good book! For those of you suffering from **ABIBLIOPHOBIA**, (I'll let you look that up☺), here is what some of our neighbours have enjoyed reading:

- Megan:** The Orenda by Joseph Boyden  
**Aimee:** 10,000 Gifts by Ann Voscamp  
           Daring Greatly by Brene Brown  
**Joey:** Indian Ernie by Ernie Louttit  
**Chad:** Station 11 by Emily St. John Mandel  
**Peggy:** Awakening Your Life's Purpose  
           by Eckhart Tolle  
**Susan:** Brave New World  
           by Aldous Huxley  
**Lyle:** Stuart McLean's Vinyl Cafe  
**Ali:** Divergent by Veronica Roth  
           Making Bombs for Hitler  
           by Marsha Skrypuch  
**Evette:** The Glass Castle by Jeanette Walls  
**Kegan:** The Way of the Peaceful Warrior  
           by Dan Millman  
**John:** Woman in the Window by AJ Finn  
**Jana:** A Thousand Splendid Suns  
           by Khalid Hosseini  
**Angie:** Gone With the Wind  
           by Margaret Mitchell  
**Brian:** Emotionally Healthy Spirituality  
           by Peter Scazzero  
**Robin:** Washington Black by Esi Edugyan  
**Micki:** The Art of Racing in the Rain  
           by Garth Stein
- Roman:** Veggies with Wedgies  
           by Todd H. Doodler  
**Reid:** Rumble with Dinosaurs by Discovery  
**Lizzie:** Pearl and the Cloud Fairy  
           by Daisy Meadows  
**August:** Hardy Boys Cluebook Series  
           by Franklin W. Dixon  
**Milo:** The Little Mouse, the Red Ripe  
           Strawberry and the Big Hungry  
           Bear by Don and Audrey Wood

## Spot the Ten Differences.



## Cammie's Chocolate Zucchini Cake

Harvest season is upon us and someone once told me that, "you know you have friends if you have zucchini in the late summer. Well, at the time I resented this, not even my own garden was providing me with much, but this year my luck has changed! This is a lovely recipe...enjoy!

- |                        |  |
|------------------------|--|
| 2 cups of flour        | 4 eggs                                   |
| 2 cups of sugar        | 1-1/2 cups of vegetable oil              |
| 3/4 cups of cocoa      | 3 cups shredded zucchini                 |
| 2 teaspoon baking soda | 3/4 cup chopped walnuts or pumpkin seeds |
| 1/2 teaspoon salt      | 1/2 cup of chocolate chips               |
| 1 teaspoon cinnamon    |  |

Bake on 350F for 50-60 minutes in an 8"x 12" greased baking dish

## Perennial Care in the Autumn

As we transition from long summer days to the brilliant colours of fall, we should look at some essential garden care to get our plants thru the winter.

It is surprising that some plants are still active in winter; those are our stalwart evergreens. They are the hard working 4- season plants that give our garden structure and colour against the white snow.

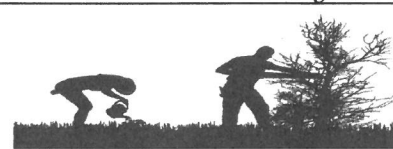
It is essential that those plants and our other trees get watered before a hard freeze. In Saskatchewan, we often get a long hot period of weather in September with no rain. This serves to shut down growth in our plants, trees and evergreens. This droughty period has the plants using up all the reserve moisture in the soil. This is when we really need to water our plants, especially the new ones planted this year. If we don't, then we will see burned cedars and junipers struggling with growth next spring. These plants transpire moisture, especially in February, when the sun, reflecting of the snow, can burn a dry evergreen.

Our perennials will need care as well. The best way to give them fall care is to cut down frozen foliage in the late fall along with raking leaves. Some people say to leave the frozen foliage to catch snow and this has some merit. I cannot stand looking at my spring garden as a wet sodden mess when I was hoping for tulips and other fresh green growth, so I clean and cut back in the fall. The one plant I do leave is my Hosta leaves. When they freeze, they fall gracefully over their root balls and insulate the more tender plants.

The weather in fall is crisp and beautiful; the skies are a rare shade of blue. Get out and enjoy being in your garden.

Janet Warner

From Gentle Earth Designs



## **APCCA Fall 2019 Programs**

<b>Program</b>	<b>Location</b>	<b>Day of Week</b>	<b>Time</b>	<b>Registration Fee</b>
<b>Adult (18 years and over) Programs</b>				
Pilates *	Prince Philip School – Gym	Wednesday Sept 25 – Nov 27	7:00 – 8:00 pm	\$60.00
Adult Multi-Level Yoga *	Prince Philip School – Gym	Wednesday Sept 25 – Nov 27	6:00 – 7:00 pm	\$60.00
Adult Mindful Yoga*	Prince Philip School – Gym	Thursday Sept 26 – Nov 28	7:15 – 8:15 pm	\$60.00
Pickleball*	Prince Philip School – Gym	Wednesday Sept 25 – Nov 27	8:00 – 10:00 pm	\$25.00 for term or \$5.00 drop-in
Beginner Crochet*	TBD	TBD	7:00 – 8:00 pm	\$50.00 + supplies
Money Wellness Workshop*	TBD	Wednesday Oct 30 – Nov 20	6:30 – 8:30 pm	\$200.00
Learn to Run*	Churchill Park (beside the Community garden)	Wed & Sat Sept 18 – Nov 8	4:30 – 5:30 pm	\$45.00
Zumba® Everyday *	Hugh Cairns & St. Philip School – Gyms	Monday to Friday Sept 23 – Dec 6	Varying times – see schedule on website	\$100.00
<b>Youth and Children Programs</b>				
Kid's Floor Hockey * (7-11 yrs)	Hugh Cairns School Gymnasium	Monday Sept 23-Dec 9	6:00-7:00pm	\$20.00
Kid's Floor Hockey * (7-11 yrs)	Hugh Cairns School Gymnasium	Thursday Sept 26-Nov 28	6:00-7:00pm	\$20.00
Girls on the Move* (Grades 5-8)	Hugh Cairns School Gymnasium	Friday Sept 27-Dec 6	7:00-9:00pm	No Fee-Must Register
Youth Hip Hop * (9-14 yrs)	Hugh Cairns V.C. School – gym	Thursday Sept 26 – Nov 28	5:00 – 6:00 pm	\$50.00
Babysitting Course * (10 yrs & over)	Hugh Cairns V.C. School - Library	Tue & Th Oct 15, 17, 22, 24	6:30 – 8:30 pm	\$50.00
Kindersoccer * (3-4 yrs)	Prince Philip School – Gym	Monday Sept 23 – Dec 10	5:30 – 6:00 pm	\$20.00
Kindersoccer * (3-4 yrs)	Prince Philip School – Gym	Tuesday Sept 24 – Nov 26	5:30 – 6:00 pm	\$20.00
STEM Activities* (10-12 years)	Hugh Cairns VC School – LRC	Monday Sept 23 – Nov 25	7:00 – 8:00 pm	\$45.00
STEM Activities* (7-9 years)	Hugh Cairns VC School – LRC	Monday Sept 23 – Nov 25	6:00 – 7:00 pm	\$45.00
Youth Multi-Media Art* (9-14 yrs)	Prince Philip School	Monday Sept 23 – Dec 9	6:30 – 7:30 pm	\$50.00
Rhythmic Movement for Children* (3-5 yrs)	Hugh Cairns V.C. School - Gym	Thursday Sept 26 – Nov 28	4:30 – 5:30 pm	\$35.00
Kid's Dance Fusion* (6-8 yrs)	Prince Philip School - Gym	Thursday Sept 26 – Nov 28	5:00 – 6:00 pm	\$40.00
Creative Movement to Music* (1-2 yrs)	Hugh Cairns VC School – Gym	Tuesday Sept 24 – Dec 2	5:00 – 5:30 pm	\$25.00
<b>All Ages Programs</b>				
Supper & Games Night (All ages)*	St. Philip Gymnasium	Friday Oct 25-Nov 22	6:00-9:00pm	\$15/Family \$5 Individual
APCCA AGM & Bingo	Hugh Cairns School Gymnasium	Friday November 1 <sup>st</sup>	6:30-8:30pm	No Fee
* Programs shared with South Nutana Park Community Association.				