

ADELAIDE PARK CHURCHILL COMMUNITY ASSOCIATION



Fall Community Newsletter 2022



barbeque in Churchill Park. Families enjoyed bouncy houses, lawn games, a salsa workshop, a sing-a-long, a mini POUND class and visiting with friends and neighbours on a beautiful late summer afternoon. We are hosting the same event this year on September 11th with a location change due to construction. This year FAM JAM will happen at Adelaide Park, behind Hugh Cairns School. We are excited to include Wrangler Elise's Reptile Show in our entertainment for the day. You won't want to miss it!



COMMUNITY NEWS

Gina Khonje

It was a good year for community building in Adelaide Park/Churchill!. Since our last newsletter, your community association has hosted several events and programs designed to bring people together and provide opportunities for learning, fitness and fun!

Reaching all the way back in our memories to last September, we come to FAM JAM 2021, a family fun day and

The fall and early winter months sped by with our Fall Community Clean-Up, AGM, the launch of indoor soccer, Zumba, TRX, Woodworking, and other great programs. The winter session brought Learn to Skate at both rinks and it was very well attended! Many of these programs rely on the involvement of instructors and volunteers from inside and outside our community and we are grateful to them and all the participants who made our programs happen.

Construction began on the Churchill Park dry pond in the late winter

months and will continue into this fall. The project also included extensive work on sewer lines and roads around Adelaide Churchill and Avalon. While the many closed roads, temporary loss of greenspace and dust have been a nuisance, work has progressed well and more than 80 homes are closer than



ever to being protected from flooding. The dry pond in W.W. Ashley Park proved its worth during June's rainfall event, filling nearly halfway

up with water that otherwise would have had nowhere to go.

The spring and summer months kept our board busy planning our first annual Community Wide Garage Sale, running outdoor soccer, and hosting SUM Theatre in the park. Despite this being the first year for the community garage sale, we had 14 households participate on our map which we were pleased to see! We aim to have a community-wide sale on the last weekend in May every year. It's never too early to start planning!

Our community was able to put together 9 teams from U5 to U9 for the spring soccer season. Kids worked hard to improve their skills with help from amazing volunteer coaches. The season culminated with a city-wide Festival of

Soccer in June. Congratulations to all the teams who took away medals!



Kids around the community celebrated the completion of Meadowlark Park in July after months of delays. It has been a hot spot - literally and figuratively - all summer with family gatherings, lemonade stands, epic games of grounders and basketball. We are all very happy to see this project completed! If you live at the north end of the neighbourhood make sure you get down to Calder Crescent to enjoy this new and improved playground.

Back to school is just around the corner and September 1st will bring new school zone changes. 30 Km/hr speed limits will be in effect from 7 a.m. to 7 p.m, 7 days a week. High schools will no longer be in these school zones but continue to drive carefully in those areas, especially during before and after school hours. A friendly but stern-teacher-voice reminder that U-turns are ALWAYS prohibited in school zones.



Indoor Soccer 2022-23

Online Registration: July 4 to August 26 at www.myapcca.ca

Payments will be accepted online by credit card only, there will be no In Person Registration. If you require another payment option, please inquire to soccer@myapcca.ca

Program	Age	Format	Game Times	Location	Cost
Under 5 Coed	Born 2018	3v3 (no keeper)	Sundays Times TBD	October 23- March 19 15 games at Henk Reys Soccer Centre	\$140.00
Under 7 Boys & Girls	Born 2016 & 2017	3v3 (no keeper)	Sundays Times TBD		\$140.00
Under 9 Boys & Girls	Born 2014 & 2015	5v5 includes keeper	Sundays Times TBD		\$170.00

A community membership is required every year in order to register for programs. Memberships can be purchased when you register, for \$15.00, and are good from September 1st to August 31st. We also accept memberships from other communities.

Saskatoon Youth Soccer Inc. (SYSI) will schedule the games for U5, U7 and U9. Adelaide Park Churchill Community Association (APCCA) does not have control over the schedule. Practices are at the discretion of the coaches and will be scheduled by the coaches. Players will require shin guards, socks and either cleats or running shoes. A team jersey will be provided for the season. All players and team personnel will also be required to register through the SYSI Ramp registration site, you will be directed to the link upon completion of your registration with APCCA.

Coaches are required for each team in order to be entered into league play and for our soccer program to continue to be offered by APCCA. Certification for coaches is offered through SYSI – Certification fees will be reimbursed by the community association. Registrations will be cancelled and refunded if a team does not have a coach.

If you have questions or want to volunteer to coach, please email Dayna at soccer@myapcca.ca



2022 Fall Programming for Adelaide Park Churchill & South Nutana Park Community

Registration details will be announced shortly.

All questions prior to those procedures being released can be directed to Darcy Warrington, Indoor Program Coordinator
For
Adelaide Park Churchill Community Association.

darcywarrington@gmail.com

FOR FULL CLASS DESCRIPTIONS AND TO REGISTER FOR
ALL PROGRAMS VISIT OUR WEBSITE:

www.adelaidechurchill.ca

Child In-Person Programs	Age	Date and Time	Location	Cost
Babysitter Course (11-15) and Home Alone (10+) These are one-day, in-person courses. For more information, email darcywarrington@gmail.com	10-15	October 22nd October 2 nd	St. John' Ambulance on Central Ave	\$47 and \$37
Floor Hockey Please bring a water bottle.	7 - 11	Sep 21-Dec 14 Wednesdays 6-7pm	Prince Philip School	\$30
Floor Hockey requires an adult volunteer to supervise/organize for each of these programs to run. Please contact Darcy Warrington at darcywarrington@gmail.com to volunteer or for more information.				
Kindersoccer <i>Taught by TBA</i> Please bring a water bottle. (Capacity –12 total)	3-5	Sep 27-Dec Tuesdays 6PM-6:30PM	St. Philip School	\$25
Kindersoccer requires an adult volunteer to supervise/organize for the program to run. Please contact Darcy Warrington at darcywarrington@gmail.com to volunteer or for more information.				

Woodworking <i>Taught by Robin Reynolds</i> (Capacity 10 children)	10-13	Sunday, Sep 25th- Dec Sundays at 7PM	Hugh Cairns Rink' Maintenance Building	\$60
Course may include but is not limited to the following: students will learn a basic foundation for woodworking techniques through using hand tools, battery operated power tools, manual and plug-in power tools. All power tool procedures, preparation of materials will be completed to ensure safety of students. Specific tools used in class might include hammer, drill, screwdriver, pull and coping saws, ruler, tape measure, pliers, clamps, smoothing plane, sandpaper. Some materials for building are provided				
TRX Strength & Cardio Taught by Tracy Magnin (Capacity 10 people)	15+	Sept 21st- Dec Wednesdays -6:30- 7:30PM	St. Philip School- Outdoor and Indoor	\$60
TRX is a type of suspension training that uses body weight exercises to develop strength, balance, flexibility and core stability! This TRX class will focus on increasing your cardiovascular and building full body foundational strength. No				
Zumba <i>Taught by</i> Please bring a water bottle.	15+	Sept-Dec	St. Philip School	\$60
Zumba is a fitness program that combines Latin and international music with dance moves . Zumba routines incorporate interval training —alternating fast and slow rhythms —to help improve cardiovascular fitness.				
Mindful Yoga <i>Taught by Jenelle Dodd</i> Please bring a mat and a water bottle. (Capacity 8 adults)	18+	Sept 26 -Dec 12 Mondays 815pm	Prince Philip School Gym	\$60
Take time each week to slow down, release stress, and return to your center. This class weaves together yoga postures and breath practices with embodiment, compassion, and mindfulness. Emphasis is not on touching your toes, but instead on uncovering your capacity to bring your best self to your life. This class is appropriate for those new to, and familiar with yoga. You will be supported and empowered to adapt the class to meet your needs. Please bring a yoga mat, your curiosity, and wear				
Pilates <i>Taught by Diane Hein</i> Please bring a mat and a water bottle. (Capacity 8 adults)	18+	Sept 27 -Dec 6 Tuesdays 6pm	Prince Philip School Gym	\$60
Mat-based Pilates class focuses on strength, stability, posture, proper breath control, and flexibility . Each class will work to balance all muscle groups' strength and flexibility.				
Drop In Pickleball	18+	Sept 21- Dec 14 Wednesdays 8-10pm	Prince Philip School Gym	\$30
This is a great program whether you want to give pickleball a try or are a player with some experience that wants a fun, casual and welcoming atmosphere.				

APCCA

ADELAIDE PARK CHURCHILL COMMUNITY ASSOCIATION

Presents our annual family fun

FamJam

When

**SEPTEMBER 11TH
11AM-3PM**

Where

**Hugh Cairns School Park
2621 CAIRNS AVENUE**

**BBQ GAMES
BOUNCY CASTLES
CRAFTS PRIZES
FACE PAINTING CANDY
AND MUCH MORE!**

Special Guest

**WRANGLER ELISE
REPTILE SHOW**

1:00 PM



FALL CLEAN-UP

Date: 10/02

Time: 9:30-12

Dumpsters will be located in alley along Churchill Park. Bring your non-hazardous yard and garage junk for disposal



VOLUNTEERS NEEDED!

EMAIL
ADELAIDEPARKCHURCHILL@GMAIL.COM
TO SIGN UP!



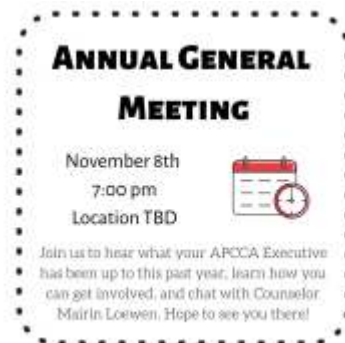
Our community is valuable.

Volunteering is a great way to meet some amazing people and give back!

It can be as little as..

- showing up at events
- helping with the rinks
- deliver flyers in your area
- set up & take down
- light cleaning duty
- a ticket take/game duty

Contact us at
president@myapcca.ca and
we'll get a hold of you!



Position	Name
President president@myapcca.ca	Gina Khonje
Vice President	VACANT
Secretary	Robin Reynolds
Treasurer treasurer@myapcca.ca	Tamara Young
Social Coordinator social@myapcca.ca	Jania Chilima
Indoor Coordinator	Darcy Warrington
Communications –Website	Dave Sosulski
Communications –Newsletter	Shoshana Sewell
Memberships memberships@myapcca.ca	Tracy Magnin
Hugh Cairns Rink rinks@myapcca.ca	Riley Day
St. Philip Rink	Rob Frank
Soccer Coordinator soccer@myapcca.ca	Dayna Howe
Basketball Coordinator	VACANT
Directors at Large	Deb Hockley Ashleigh McNary
Community Coordinator	Shelley Panko-Schultz

APCCA Membership News

A membership is an easy and great way to support your local Adelaide Park-Churchill Community Association!

As volunteers of APCCA we love our community and want to help make it thrive.

We meet monthly to brainstorm fun and unique ways of Improving our community through events and programs.

What are the benefits of purchasing an APCCA Membership?



Access to affordable programs for the whole family
in Fall, Winter & Spring

Upkeep of our two local skating rinks



Offer community events, often for free such as FamJam,
Theatre in the Park, back alley cleanups and much more!



Grooming of cross
country ski trails



Community Newsletters to keep
you and your neighbors informed

How can I purchase a membership to support my community?

1. Join us at FamJam Event on September 11th ** Every **NEW** membership gets a free burger**
2. Visit our website at www.adelaidechurchill.ca
3. E-mail our lovely membership volunteer, Tracy at memberships@myapcca.ca

